

East West Karate

STUDENT CREED

1. I intend to develop myself in a positive manner and avoid anything that would reduce my mental growth and physical health.
2. I intend to develop self-discipline, in order to bring out the best in myself and others.
3. I intend to use what I learn in class constructively and defensively to help myself and my fellow man and never be abusive or offensive.
4. I will always show respect to my parents, those senior to me, those lower in rank and less fortunate.
5. We are a traditional Okinawan style. We are physically, mentally and spiritually to strive to become a Black Belt and higher.