

EAST WEST KARATE RANKING SYSTEM

WHITE BELT

- SAN JU GO KYU – Respect, dojo etiquette, Student Creed #2 & 4
- SAN JU YON KYU – 1 Stripe. Proper Stance. Student Creed #1
- SAN JU SAN KYU – 2 Stripes. Proper Circle Blocks, Student Creed #3
- SAN JU NI KYU – 3 Stripes. Above plus: Proper striking techniques,
- SAN JU ICHI KYU – 4 Stripes. Proper kicking/stepping techniques, Student Creed

YELLOW BELT

- SAN JU KYU – Sanchin, Stretching & Technique Exercises (includes moving techniques)
- NI JU KYU KYU – 1 Stripe. Pre-Arranged 1
- NI JU HACHI KYU – 2 Stripes. **KANSHIWA KATA**
- NI JU SHICHI KYU – 3 Stripes. Kicking Exercise-right side
- NI JU ROKU KYU – 4 Stripes. Pre-Arranged II, Kanshiwa Bunkai,

ORANGE BELT

- NI JU GO KYU – Kicking Exercise – left side, Board Breaking (1 Board)
- NI JU YON KYU – 1 Stripe. Arm Rubbing & Pounding
- NI JU SAN KYU – 2 Stripes. **KANSHU KATA**
- NI JU NI KYU – 3 Stripes. Kicking Kumite
- NI JU ICHI KYU – 4 Stripes. Kanshu Bunkai

GREEN BELT

- NI JU KYU – All Pre-Arranged Kumite-hard & fast, Free-Style Sparring
- JU KYU KYU – 1 Stripe. Kyu Kumite: Form
- JU HACHI KYU – 2 Stripes. **SHOSHU KATA**
- JU SHICHI KYU – 3 Stripes. Break Falls
- JU ROKU KYU – 4 Stripes. History

BLUE BELT

- JU GO KYU. Kyu Kumite: Hard & Fast; All 2 Man Routines
- JU YON KYU – 1 Stripe. Sanchin Sparring
- JU SAN KYU – 2 Stripes. **Seichin Kata.**
- JU NI KYU – 3 Stripes. Dan Kumite: Form.
- JU ICHI KYU – 4 Stripes. Dan Kumite: increased speed

PURPLE BELT

- JU KYU – Seichin: Power & Speed
- KYU KYU – 1 Stripe. Dan Kumite: Power & Speed
- HACHI KYU – 2 Stripes.
- SHICHI KYU – 3 Stripes. Okikukai Kumite-form
- ROKU KYU – 4 Stripes. Sanchin Sparring: Power & Speed

BROWN BELT

- GO KYU – **Seisan Kata:** Form
- YON KYU – 1 Stripe. Seisan Bunkai: Form
- SAN KYU – 2 Stripes. Seisan: Power & Speed
- NI KYU – 3 Stripes. Seisan Bunkai Power & Speed
- ICHI KYU – 4 Stripes. Proficiency in all of the above